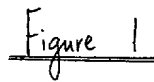


Table 1. Demographic characteristics of the study population	
Age (years)	Mean (SD)
Male	55.2 (10.5)
Female	56.8 (11.2)
Marital status	
Married	78.5%
Single	12.3%
Divorced	8.2%
Widowed	1.0%
Education level	
High school or less	65.4%
College	34.6%
Occupation	
Professional	25.3%
Managerial	18.7%
Technical	15.2%
Service	22.1%
Unemployed	18.7%
Health status	
Good	72.5%
Fair	15.8%
Poor	11.7%
Chronic diseases	
Hypertension	45.2%
Diabetes	32.1%
Heart disease	28.9%
Stroke	12.3%
Arthritis	38.7%
Chronic kidney disease	15.4%
Chronic lung disease	10.2%
Chronic liver disease	8.9%
Chronic mental illness	7.6%
Chronic pain	22.5%
Chronic fatigue	18.3%
Chronic insomnia	14.7%
Chronic depression	11.2%
Chronic anxiety	9.8%
Chronic stress	13.5%
Chronic anger	10.1%
Chronic sadness	12.4%
Chronic loneliness	11.9%
Chronic isolation	10.5%
Chronic social withdrawal	9.3%
Chronic self-harm	8.7%
Chronic suicidal thoughts	7.9%
Chronic suicidal behavior	6.5%
Chronic self-hatred	5.8%
Chronic self-loathing	5.2%
Chronic self-dislike	4.7%
Chronic self-hatred	4.1%
Chronic self-loathing	3.6%
Chronic self-dislike	3.1%
Chronic self-hatred	2.6%
Chronic self-loathing	2.1%
Chronic self-dislike	1.6%
Chronic self-hatred	1.1%
Chronic self-loathing	0.6%
Chronic self-dislike	0.1%



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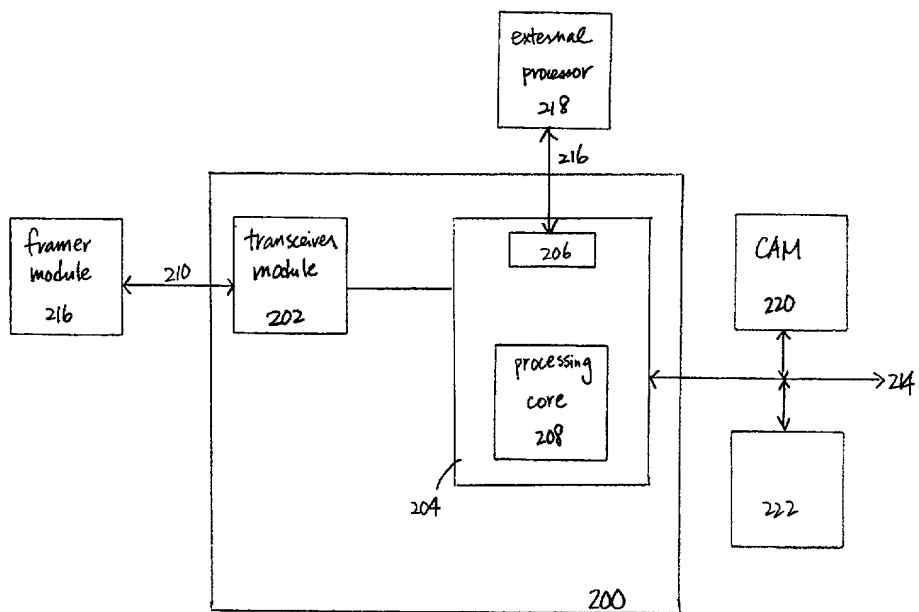


Figure 2

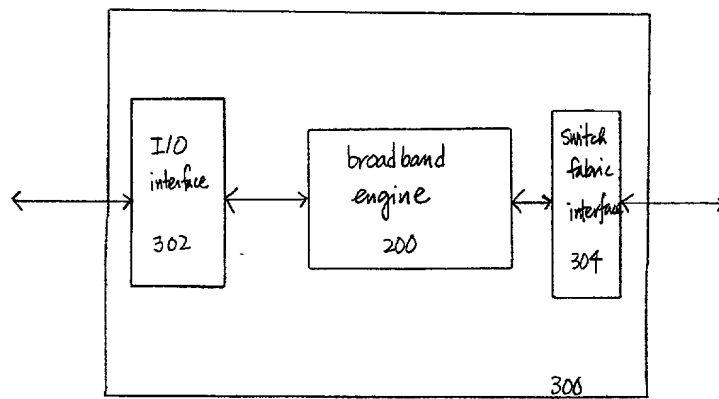


Figure 3

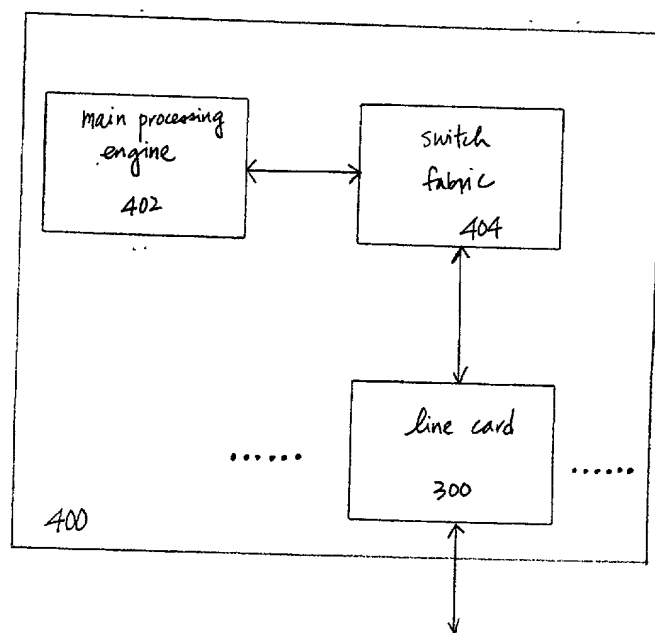
[illegible]

Figure 4

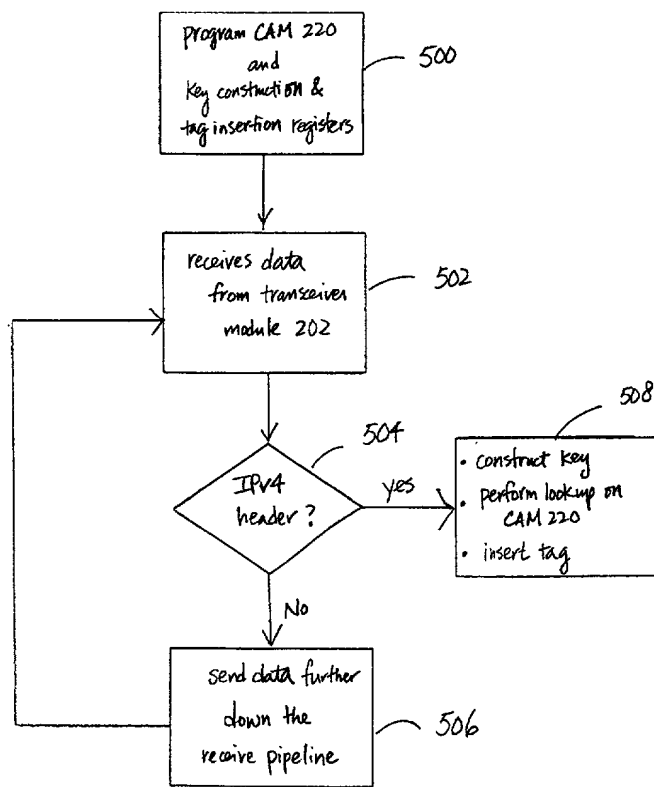


Figure 5